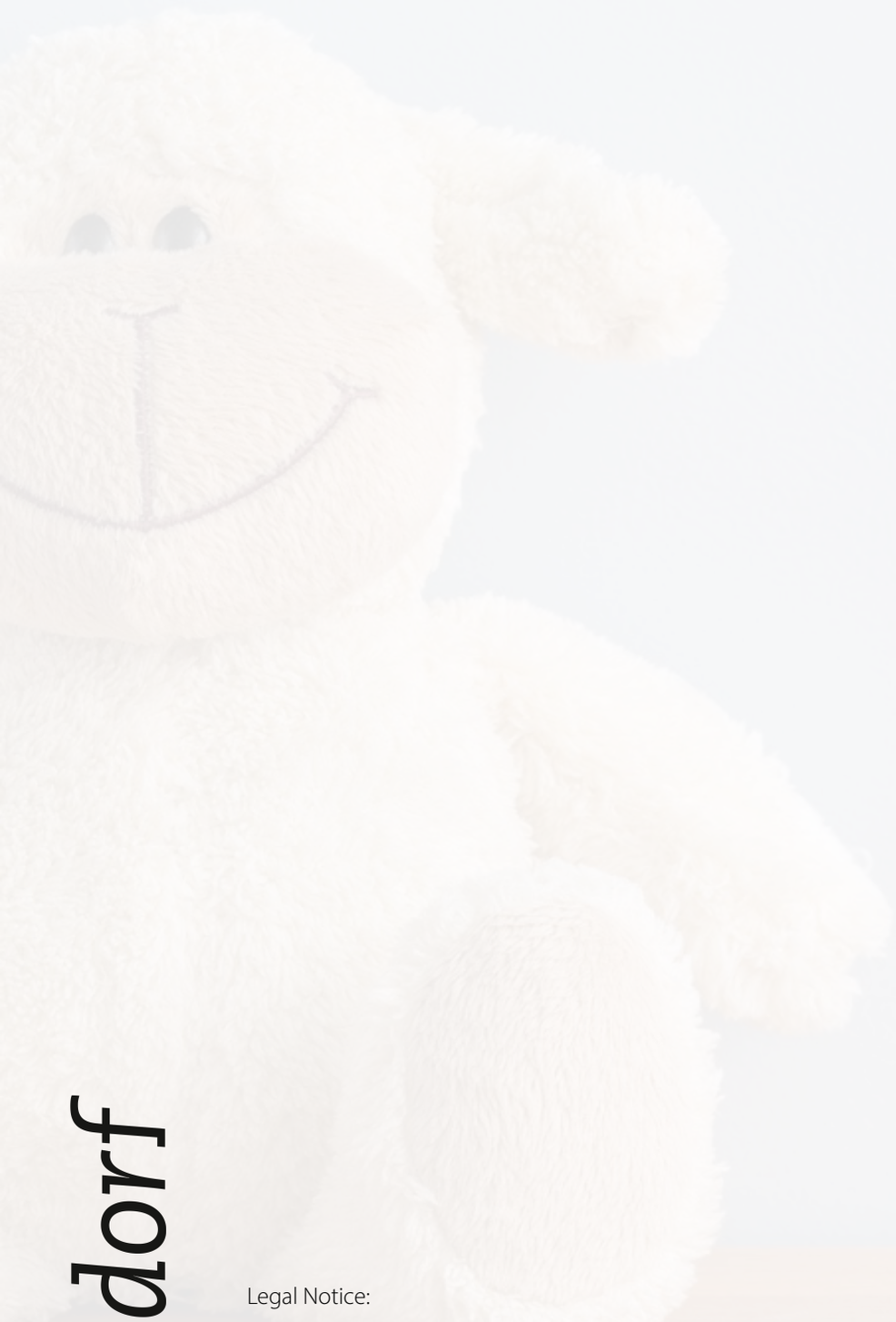
Services for Children

in Preschool Age



dielsdorf



dielsdorf

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Dear Parents

The first years of life are formative—for your child's development and for your family life. During this time, important foundations are laid: for language, motor skills, social abilities, and emotional bonding. Early support helps children unfold their full potential and gives parents confidence in navigating the small and big challenges of daily life.

This brochure provides an overview of the diverse services in our municipality that accompany families during early childhood. Whether playgroups, parent education, counselling, or health prevention—you'll find support tailored to your needs. After all, time and attention invested early pay off for a lifetime.
We're happy to accompany you on this journey and are available for any questions. Our contact details can be found on page 2 of this brochure.

Social Services Dielsdorf

Parenting and Education

This area strengthens parenting skills. Parents with strong competencies positively influence their children's development.

Parent Counselling
Parent counsellors support families with babies and young children, answering questions about development, care, nutrition, sleep or parenting.

Kinder- und Jugendhilfezentrum kjz Dielsdorf
Spitalstrasse 11, 8157 Dielsdorf
043 259 81 50, mvb.kjzdielsdorf@ajb.zh.ch

Educational Counselling
Educational Counsellors help you better understand your child's behaviour and needs, explore family dynamics, and find ways improve daily life.

Kinder- und Jugendhilfezentrum kjz Dielsdorf
Spitalstrasse 11, 8157 Dielsdorf
043 259 81 50

Scan the QR-Code for further informations:

Preschool event Primary School Dielsdorf
One year before kindergarten entry, the primary school organises an informational event for parents. You'll learn which skills are expected at kindergarten entry. Invitations are sent directly by the school.

For further informations please contact the Primary School Administration:



Health Promotion and Prevention

The goal is to strenghten physical und mental health starting in pregnancy.

Midwives
Midwives provide professional, reliable support during pregnancy, birth, the postpartum period and breastfeeding.

Find a local midwife:

Paediatricians
Preventive check-ups monitor your child's healthy development from birth. Regular visits to the paediatrician can detect developmental delays, hearing or vision impairments, or other haelth risks early. Swiss guidelines recommend specific intervals for check-ups - paediatricians will provide details.

Huusarztpraxis Früebli, Schulstrasse 12, 044 853 37 37
info@huusarzt.ch, www.huusarzt.ch

Hausarztpraxis am Mühleweiher, Regensbergstrasse 22, 044 853 09 21
praxis.muehleweiher@hin.ch, www.praxis-fatzer.ch

Kinderarztpraxis Dr. med. Bruno Piva, Früeblistrasse 1, 044 853 05 09
praxis.piva@hin.ch, www.kinderarzt-dielsdorf.ch



Language and Integration

Mastering the local language is key to social integration and educational success. Children who understand and speak German by kindergarten entry have proven higher chances of a successful school career.

Regular interaction in parent-child groups, playgroups or daycare promotes language acquisition and social integration. Children learn to communicate playfully, make first friendships and get used to group dynamics.

Daycare centres
Kinderkrippe Zoo, Hofackerstrasse 2, 043 931 51 70
www.krippezoo.ch

Kita Karussell, Wehntalerstrasse 58, 044 853 01 01,
www.kita-karussell.ch

Kinderkrippe Villa Reale, Hofackerstrasse 6a, 044 597 27 22,
www.villareale.ch

Family Daycare
Nidino AG, 077 283 29 47
www.nidino.com

Playgroups
Spielgruppe Villa Maria, Mühlestrasse 7, 076 316 10 40, www.villa-maria.ch
For children aged 2+ until kindergarten entry

Spielgruppe Plus, Schulstrasse 5, 076 226 30 92,
www.spielgruppeplus.ch
For children aged 2+ with language support

Parent-Child Groups
Spielgruppe Plus, Schulstrasse 5, 076 226 30 92,
www.spielgruppeplus.ch
Every Thursday, 09:30 - 11:30 a.m.

Krabbel-Café, Café mit Herz, Hinterdorfstrasse 23
1st and 3rd Wednesday of the month, 09:30 - 11:30 a.m.



Special Support Services

Children with development delays, disabilities or at risk of disability require tailored early support.

Speech Therapy
Speech therapy improves communication and removes barriers caused by speech disorders. Various therapy centres are available in the Canton of Zurich.

Find local services: www.zh.ch

Early Childhood Special Education
This service supports families with preschool children who have developmental questions, delays, disabilities or behavioural challenges.

Neurocare GmbH
Kronenstrasse 2, 8157 Dielsdorf
079 376 97 43, office@neuro-care.ch, www.neuro-care.ch



Leisure Activities

Dielsdorf offers a wide range of leisure and support services for children and families, from playgroups to youth activities, parent-child groups and counselling.

Scan the QR Code for more details:

Library
The Dielsdorf Library offers "Buchstart" (Bookstart) and "Geschichtenzeit" (Storytime) for preschool children.

More information:

Celebrate with the youngest, Open Meeting and Parent-Child-Singing
Celebrate with the youngest: Short, sensory services for children aged 0 - 5 and their parents. Monthly, 09:30 am, Catholic Church, Buchserstrasse 12, Dielsdorf

Open Meeting: Exchange, play and crafts for parents with children aged 0 - 5. Every 09:30, Protestant Church Community Hall, Wehntalerstrasse 19, Dielsdorf

Parent-Child-Singing: Joyful, shared singing time for adults and children.

Link to schedule:



Leisure Activities

Parent-Child Gymnastics
For children aged 3 - 5 with a caregiver. Haled in the Turnhalle Gumpenwiesen. More informations:

Playgrounds
Dielsdorf's public playgrounds:

Mühleweiher
Above the municipal building; features a pond, play areas and seating. Located at Sägestrasse, Dielsdorf.

Bürgli
Next to Bürgli Kindergarten. Located at Höhrainstrasse, Dielsdorf.

School playgrounds are open to all outside school hours.

